



Djwhal Khul Spirituality Article
Channeled by Rev. Terri Newlon
(Complimentary every week)

"Remedy for Stagnation"

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This is Terri Newlon from Sedona, Arizona, USA. www.TerriNewlon.com

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And here is Djwhal Khul's latest Spirituality Article:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

Begin with a violet spiral coming down through the body. Allow that energy to just keep spiraling down so as you see one spiral tapering down into the earth. Another one begins above your head, a beautiful kind of violet color, just a very gentle swirling spiral. This is a way of acknowledging connectivity to the Universe and allowing for that always spiraling energy to be active in your body. It's another remedy for stagnation.

Now you are going to hear me probably mention stagnation throughout many teachings over a certain time period here because the tendency at this point will be for humanity to stagnate rather than create movement or to be moving in some aspects of Creation and stuck in some others.

So we want always remedies for stagnation. Now on a simple level that means move more, walk a few extra steps. Maybe there is a direct line from one room to another and you walk half way there and turn in a few circles and then continue along your path. Very short simple ways to just simply create more movement.

It is a development in your consciousness that is saying "I'm synchronized and in full motion with the Universe." Now if you just think about the orbit, if the planet decides "Oh, I am going to stop

rotating and I am going to go out of my orbital path” that is a very catastrophic condition inside your own auric field. Stagnation is also catastrophic. It takes a little bit longer for all of that to manifest. But eventually it is also a domino effect. It takes one thing and then another then another.

You always want chi and movement as much as possible, not just in the body but in all aspects of life. So again, to show that connectivity to the Universe and to remedy stagnation, we want to bring that pale violet spiral just gently flowing down the body ever so beautifully. Allow it to come down.

This has been your Spirituality Article for the week. As always, my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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