



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

### **"Auxiliary Chakras"**

November 20, 2008

This is Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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And here is Djwhal Khul's latest Spirituality Article, information complimentary every Thursday:

(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. We are going to begin with a spiraling motion coming down through the Crown Chakra and widening the opening coming down through the body.

There is literally a channel of energy that comes in through the Crown Chakra and goes all the way down through the body anchoring you *well* into the earth. So what we want to do here is widen it.

Now if you have been feeling some kind of pressure in the sides of the head, what is happening, amongst Lightworkers, is a very specific Auxiliary Chakra that has just developed and is integrating and usually takes about five days or so.

It is a chakra located between the third eye and the throat center, right about on the pallet, sometimes a little higher up. And what it does is sort of positions itself in such a way that the Crown Chakra will actually lift up a little bit above the top of the head. If you have been feeling the pressure on the sides and it feels like, or maybe even in the jaw hinges and some other places, it is probably that Auxiliary Chakra.

What we want to do is allow it to expand and come into its natural positioning. And then it will relieve the pressure in the head. Sometimes the cranials move around a little bit or you feel snapping in a gentle way of those tissues that support the cranials.

So take a moment to just release the energy there. Sometimes it tickles a little bit on the roof of the mouth in the back, and on the pallet a little bit also. And it can also change your pallet. You might suddenly want different foods or you might want more water. Suddenly water may taste very sweet to you. So let's go in here [adjusting things now]. There. Good.

Alright. Now there is another chakra called the Ascension Chakra and rather than on the Crown, it sits really more on the back and top of the head and it is also very tender. I wouldn't poke on it hard or anything. Sometimes even your hair will feel a bit sensitive right over that spot when the Ascension Chakra is developing.

Typically the Ascension Chakra develops first and then this other Auxiliary Chakra that I mentioned between the third eye and throat chakras.

Alright. This has been your Spirituality Article for this particular week. I hope you have enjoyed it. For the full archive, please visit the website and that is [www.terrinelyon.com](http://www.terrinelyon.com).

Thank you and my love to you,

Djwhal Khul

Channeled by Rev. Terri Newlon  
[www.TerriNewlon.com](http://www.TerriNewlon.com)

(Spirituality Article, Transcribed by Micheline Ralet)

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## About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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