



Djwhal Khul Spirituality Article  
Information complimentary every week  
Channeled by Rev. Terri Newlon

"Mastery"

July 21, 2011

This is Rev. Terri Newlon of [www.TerriNewlon.com](http://www.TerriNewlon.com)

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Today's topic and something to ponder on through the week is "Mastery". What is Mastery? You may have thought of it as a number of things; being able to get your way in a moment, or

maybe manifesting your new home, or maybe attracting a soul mate or maybe acknowledging spiritual teachings. For some of you, Mastery might mean walking on water or turning water into wine.

Today I am inviting you to think of Mastery as an attitude or a state of being. That means that you are in an elevated level of consciousness. And another way of saying that would be that you are encompassing all of reality simultaneously.

So for example in a Masterful state you can see the whole picture. When you are in one aspect of the personality or another or maybe ego driven or even just maybe a little too much in your head about something, you are not seeing the whole picture. You are seeing one part of the picture.

So Mastery allows you to see the whole pie or the whole puzzle, and thus brings an enlightened viewing point to what you are observing.

One of the exercises that we use for practicing Mastery in this manner, especially so if there is a lot of drama in your life, is to imagine yourself sitting on top of a very tall pole, like a telephone pole or something. And you are sitting up there and you are watching the whole play going on around you. It might be coworkers, it might be family members, it might be doctors and nurses talking about treatment options, it could be war or violence. And you rise up above all of the drama and look at it as if you're an independent witness, not attached to it but able to observe all that is going on.

When we go even further into that, you are able to understand the perspective of each player in that scenario so you can literally empathize with any one and then all of them and understand this person is playing out of abuse patterns, and this person is playing out of victim patterns and so on. So I am encouraging you to practice a state of mastery as often as possible.

And then our next full Tele-Seminar which is on July 28 is going to be "[Channeling Your Masterful Self](#)" for those who want to go a little bit deeper into the subject, actually put it into practice and get an in-depth teaching on it.

As always, thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P.

Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted Health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

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