



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

“Moon Effects and Body Maintenance”

May 31, 2018

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright. Well, we have made it through the three [Sacred Moons](#). There is still quite a bit of aftermath. I am going to say this is a time to pay more attention to physical body maintenance, perhaps this whole year. Remember we're in a year of construction via destruction, so removing the old to make way for the new is a consistent theme throughout the year and is appropriate to keep moving forward in a balanced way but also as fast as possible. You don't want to linger in things that could be taken care of.

So as we get to, let me see here, we get to, taking a look at the calendar. Well there are some notable things but I think mostly the Moon cycles for the week. I am going to say we start out with Capricorn, it is kind of "get it done". Around Saturday afternoon, it moves into Aquarius, it's more recreational. And then early morning on Tuesday June 5, into Psychic Pisces and that is kind of another watery influence but still rather good. And Tuesday and Wednesday both next week are

kind of heavily aspected. So you want to avoid too much activity, kind of take it easy or have a schedule as flexible as possible so you can accept the twists and turns that come about.

This is also a time that I think is quite valuable to boost the immune system so the immune system can keep fighting other things off. I might look at a product called [DMG](#). That is also good for dogs and cats to boost the immune system as well as humans. So take a look at that as a supplement.

Alright Dear Ones. As always, thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri is a workshop leader, holistic consultant, public speaker, radio and TV guest.

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