



Djwhal Khul Spirituality Article
Channeled by Rev. Terri Newlon
(Complimentary every week)

“Loving Reality As Is”

October 18, 2007

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And here is Djwhal Khul’s latest Spirituality Article:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

In this week’s Spirituality Article, we are going to bring in the “Reality As It Is”, no matter what that reality is or might become soon, or has been recently, and absolutely love it the way it is.

Not one thing in Creation can be transcended until it is loved. Now that journey truly is always with the self; in other words, you would not necessarily stay in an abusive relationship until you can love the abuser, for example. The wise thing to do would be to remove yourself from the negative environment and then go within and love the self and love the reality that you have created for your self so that you can move on to the next desired reality.

So, we are going to focus on reality as is and loving it, just absolutely loving it. Now sometimes it takes a bit of convincing so you might say: Well, maybe your car broke down and your tire is flat and you don’t have a cell phone signal and you just say “I love my reality just the way it is, right now. I absolutely love this reality.” Now what you are doing is with this message of love is pulling in or magnetizing to you all the energy that will be helpful.

Now reality, let’s take it out from a personal context and look at it in a group format. The group reality of the global events, wars going on in different places, people impoverished, wild life suffering. You can go to any part of reality and especially the parts you find hard to accept and start practicing loving it.

If you are going to help make positive changes, being a resistor is not the way to make them happen. Being a lover of reality is a way that makes change happen. Now some of you will say, "If I protest this issue, then that's the way to bring about change." I would say, love it first, then say "this is no longer acceptable and we need to transition into the next thing now." That might be a better way. Protests often have that same end result.

Now focus upon loving the "Reality As It Is" right now as a spiritual practice and keep focusing on it over and over and over and perhaps saying the words over and over and over and what will happen is you will *actually transform reality*. And that is probably the goal in the first place is "I don't like this reality I want a new one." So I'm giving you the tool to get a new one, by loving the "Reality As It Is", right now.

You complete the cycle. There is no reason for it to continue to play out because you have already mastered it and completed it and so now you move on to the next reality.

And in that process, you certainly can say, "I want an upgrade. I want happier. I want easier. I want more grace filled. I want more children fed. I want whatever it is. . . more environmental care." So you can co-create *once* you accept it.

But as a resistor or a protestor, you really don't have co-creation power until that which you are resisting either finally agrees with you or rebels so far against you. So it is a much longer process with less favorable results, generally speaking. It takes a lot of energy out of both sides.

So loving "Reality As It Is" is a very key element to transforming the way the world operates and certainly the way that one operates personally.

As always, thank you and my love to you. I hope you have gleaned something valuable in this week's Spirituality Article.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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