



Djwhal Khul Spirituality Article
Channeled by Rev. Terri Newlon
(Complimentary every week)

"Fall Equinox & Harvest Moon tips"

September 20, 2007

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And here is Djwhal Khul's latest Spirituality Article:

(Channeling begins)

Djwhal Khul here. Tashi Delek.

Alright. We are going to begin with a golden white light coming in through the crown chakra. Now the golden white light is something that allows you to do multiple levels of healing; it is a multi-dimensional healing energy. In other words, it penetrates all the planes of consciousness and it can go literally everywhere; so even into a void, or even into a blocked area, some place with stagnant Chi; the golden white light will go. It will absorb. It will penetrate. So it is a beautiful color to use.

I am going to talk a little bit about the Fall Equinox and then just 3 days later, the significance of a full moon and it is the Harvest Moon. This is a very powerful time.

When the Equinox comes, the brain is literally altered. Now with the Fall Equinox or Spring Equinox, literally the brain changes and the brain waves change and there is a fluctuation between the right and left sides of the hemispheres. They take a while. Then they come back into more of a circular brain or alternate back and forth but sometimes for even a few days, that brain chemistry can be very, very tricky.

It's a time if you have trouble with brain chemistry to be particularly cautious. Have friends and family checking on you. Maybe really watch not doing things that tend to throw you off a little bit more like inadequate sleep and what not. So the brain, or really all of Nature, makes a shift

around the Equinox time. It's very, very powerful and potent. That happens on Sunday the 23 in the early morning hours in the United States; so Pacific Time just about three o'clock in the morning, just a few minutes before; New York time just before 6:00 am. So a very, very important day.

Now, as the Sun moves into Libra, it also helps balance things. So the consciousness is seeking coming back into a state of balance during that time period and eventually will find its balance.

However you have that Harvest Moon coming. That full moon is going to be in Aries. It's a Harvest Moon; it does mean that you can harvest the fruits of your labor. It also means you might harvest some of the bad karma. If there has been any of that kind of going out lately.

So this is a time between now and the Harvest Moon to make amends if amends are appropriate and to also focus a lot of gratitude for the good things; so focus the gratitude. "Well, now I've put two years into that project and now I am ready to reap the rewards. I am ready for the end result. I am ready for whatever it might be." So that harvesting is very, very important in this particular Harvest Moon. And because the moon will be in a fire sign, any time the fire signs are present, that would be Aries, Leo or Sag, Sagittarian, those signs indicate the easiest time to make a change.

Now that would be true while, say, the Sun is in Sagittarius, the Sun is in Aries or Leo, especially so in Leo, it's the best time to make changes in your life. You know, changes in your life style, maybe go on a vacation, maybe get a new job, it's a good time for changes in general. This particular Harvest Moon is a very good time to make changes that will improve your spiritual life, especially so.

So if you decided "Well I'm going to do a fall detox diet to get my body in better shape" this is a good time to do it. Anytime between now, September 20, and about 11 days past that Harvest Moon. I would say, count not the day of the moon but September 27 is day one, September 28 is day two. Keep counting and when you get to twelve, that's kind of the end of that window. The window is over in terms of best and easiest times to do purification of the body and maybe make a lifestyle change, etc.

Alright that is your short little Spirituality Article for today and there will be another one next week. I hope you are enjoying them and if you want to get them in writing, it is a courtesy, it is a free service. Just go to www.terrinewlon.com, sign up for the e-newsletter and you will get these in writing every week as well.

Thank you and my love to you,

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

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