



Djwhal Khul Spirituality Article
Information complimentary every week
Channeled by Rev. Terri Newlon

"Internal Center of Love"

October 11, 2018

This is Rev. Terri Newlon of www.TerriNewlon.com

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(Channeling begins)



Djwhal Khul here. Tashi Delek.

Alright Dear Ones. We have kind of this jumbling going on. There are some disasters in play, in Mother Nature and some other things and so kind of chaos and some jumbling. Just want to remind you that this is one of the best times to keep coming back to your Internal Center of Love.

So you want to sort of literally, as if you could see all these concerns sort of out there in the aura, somewhere, and you just push them all away, just push them all out. Breathe them out of the aura, making sure you've gotten every sense of weight or maybe you've got knives in your back or weights on your shoulders, or pain in your neck, or whatever it is, just toss it out, toss it out, toss it out. Pull things out of the Solar Plexus, toss it out. And then take a deep breath and when you exhale, go deep inside your own Internal Center of Love.

Now some of you might have that in the Heart chakra, Third Eye, the Solar Plexus, it might be the Crown chakra. It can be anywhere as long as you identify it as your internal Center of Love. That is where you go to kind of reset yourself and get back into a loving state.

Alright Dear Ones. Thank you and my love to you.

Djwhal Khul

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(Spirituality Article, Transcribed by Micheline Ralet)

About Reverend Terri:

Terri Newlon is a world renowned spiritual teacher and conscious voice channel for Ascended Master Djwhal Khul. Djwhal Khul has worked through numerous channels, including Madam H.P. Blavatsky and Alice A. Bailey, and is well known to spiritual students. His work through Terri began in 1980 when she studied under Janet McClure and The Tibetan Foundation, Inc., and has resulted in an extensive online global support system of practical spiritual teachings.

She is also a gifted health Empath and has trained thousands of mediums and psychics. One of her specialties is instructing other natural sensitives how to turn on and off their abilities so they can live well-balanced lives, without neglecting their own physical, emotional, mental and spiritual requirements.

Terri is a workshop leader, holistic consultant, public speaker, radio and TV guest.

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